

Jewcy Retreat Schedule 2007

Please take a look at the schedule. You will see a “?” where we need facilitators and volunteers to lead workshops, discussions, caucus groups, optional activities, etc.

Email Adam to let him know what you're willing to facilitate. (Taking the lead on an activity does not mean planning, leading or facilitating alone. You can call on other Jewcies to be small or large group facilitators with you).

Please bring:

1. Decorations to make the space inviting and ours (fabric, lights, jewish paraphernalia)
2. Pillows and mats to sit on

Email Tobin to let her know what you intend to bring.

Wednesday, July 4		
<i>Time</i>	<i>Activity</i>	<i>Facilitated by...</i>
3:00 pm	Greet people as they arrive, shmoozing	
4:00 pm	Welcome & Community Building <ul style="list-style-type: none"> • A welcoming ritual, opening prayer or words to help ground the retreat within a spiritual context. • icebreakers/getting to know each other activities. 	
5:00 pm	Agreements, Allies, Consensus tool <ul style="list-style-type: none"> • Review/create agreements and discuss plans for holding ourselves accountable to them • Review consensus and decision-making tool • Identify "allies" who will be available throughout the retreat. 	
5:30 pm	Energizer/physical activity	Jonna
5:45 pm	Review of the weekend program <ul style="list-style-type: none"> • Sign up on chart paper for topical discussions they want to convene during meals, or in the other blocks of free time 	Adam
6:00 pm	Dinner	
7:30 pm	Individual Updates Find out what your fellow Jewcies have been up to	
9:00 pm	Games and Shmooze Time	
10:00 pm	Games / or Goodnight	

Thursday, July 5		
<i>Time</i>	<i>Activity</i>	<i>Facilitated by...</i>
7:00 am	Optional: meditation, prayers, walk, singing, stretching, yoga	
8:00 am	Breakfast	
9:00 am	Leadership Training Part I	Becka
10:00 am	Field Trip to Pt. Reyes Drive to Limantour Beach (45 min) for Frisbee etc. Picnic Lunch (provided by WCR) Hiking at Drake's Bay Return to Walker Creek by 5:30 p.m.	Adam
6:00 pm	Dinner	
7:30 pm	Leadership Training Part II	Becka
9:30 pm	Campfire	
10:30 pm	Games / or Goodnight	
Friday, July 6		
<i>Time</i>	<i>Activity</i>	<i>Facilitated by...</i>
7:00 am	Optional: meditation, prayers, walk, singing, stretching, yoga	
8:00 am	Breakfast	
9:00 am	Jewcy Past and Future Part I: Where have we been? How do we get where we are going? <ul style="list-style-type: none"> • What are our big picture ideas? • How is the workload? Is it sustainable? • Jewcy Families! • Membership in/out-reach? 	
9:45 am	Energizer/Physical Activity	
10:00 am	Jewcy Past and Future Part II: <ul style="list-style-type: none"> • Cost Sharing 	Davey
11:00 am	Energizer/Physical Activity	
11:15 am	Jewcy Past and Future Part III: <ul style="list-style-type: none"> • Date of Jewcy 2008 • Planning next steps 	
12:00 pm	Lunch	
1:00 pm	Choices: <ul style="list-style-type: none"> • Join a conversation revolving around a theme (decided ahead of time or right then) • Rest, sing, play a game, hike, swim, or shmooze • Caucus time 	
2:30 pm	Leadership Training III	Stosh

5:30 pm	Welcome New Jewcy Arrivals & Community Building • icebreakers/getting to know each other activities.	
6:00 pm	Dinner	
7:45 pm	Kabbalat Shabbat Service	Risa
10:00 pm	Games /or Goodnight	
Saturday, July 7		
Time	Activity	Facilitated by...
7:00 am	Optional: meditation, prayers, walk, singing, stretching, yoga	
8:00 am	Breakfast	
9:00 am	Shacharit & Torah service	Risa, Eliot
12:00 pm	Lunch	
1:00 pm	Choices: • Join a conversation revolving around a theme (decided ahead of time or right then) • Rest, sing, play a game, hike, or shmooze • Caucus time	
2:30 pm	Discussion on Religious and Secular Activism	Risa, Davey
4:30 pm	Art Project: • Emotional/spiritual/physical/intellectual timelines	Tobin
6:00 pm	Dinner	
7:30 pm	Individual Updates 6 people give updates	
9:00 pm	Havdallah contemplative activity and ritual	Tobin
9:15 pm	Jewcy Talent Show	
11:00 pm	Goodnight	
Sunday, July 8		
Time	Activity	Facilitated by...
7:00 am	Optional: meditation, prayers, walk, singing, stretching, yoga	
8:00 am	Breakfast	
9:00 am	Mandala	Coco
10:30 am	Pack up and clean	
12:00 pm	Lunch	
1:00 pm	Closing activity Appreciations Ritual	
2:30 pm	Good Bye	